

Menu

March 2024

WEEK 1



* Morning Tea / Coffee
& Evening Juice will be
provided every day

MONDAY

Morning Snack

Tea Cake

Evening Snack

Chicken Punjabi
Samosa
Tea / Coffee

Dinner

Veg Pulao
Chicken Curry
Paneer Massala
Caramel Banana

TUESDAY

Morning Snack

Sandwich

Evening Snack

Bread Pakoda
Tea / Coffee

Dinner

Appam
Egg Curry
Veg Curry
Pudding

WEDNESDAY

Morning Snack

Muffins

Evening Snack

Mini Burger
Tea / Coffee

Dinner

Butter Chapathy
Dal Fry
Shahi Tukda

THURSDAY

Morning Snack

Cream Bun

Evening Snack

Mini Burger
Tea / Coffee

Dinner

Kerala Porotta
Chicken Curry
Cut Fruit

FRIDAY

Morning Snack

Biscuit

Evening Snack

Egg Pakkoda
Tea / Coffee

Dinner

Bhatura
Paneer Butter Masala
Ice Cream

SATURDAY

Breakfast

Poori
Potatto Massala
Lime Juice

Mid Morning Tea / Juice

Biscuits
Juice

Lunch

Boiled rice
Sambar
cabbage Thoran
Aviyal
Pickle,
Fruits

Evening Snack

Egg Sandwich
Tea / Coffee

Dinner

Lemon Rice
Pepper Chicken/Veg Curry
Pudding

SUNDAY

Breakfast

Masala Dosa
Sambar, Chutney
Lime Juice

Mid Morning Tea / Juice

Biscuits-4
Juice

Lunch

Ghee rice
Chicken Roast
Veg massala
Pickle, Pappad
Triffle Pudding

Evening Snack

Veg Cutlet
Tea / Coffee

Dinner

Kerala Paratha
Matar Massala
Green salads
Ice Cream

Menu

March 2024

WEEK 2



* Morning Tea / Coffee
& Evening Juice will be
provided every day

MONDAY

Morning Snack

Cream Bun

Evening Snack

Egg Puff
Tea / Coffee

Dinner

Chicken Noodles / Egg
Noodles
Sause,
Fruit Custard

TUESDAY

Morning Snack

Cookies

Evening Snack

Veg Pakoda
Tea / Coffee

Dinner

Chapathy
Paneer Gravy
salads
Bread Pudding

WEDNESDAY

Morning Snack

Muffins

Evening Snack

Chilly Paneer Katty Roll
Tea / Coffee

Dinner

Idi Appam
Chicken Roast
Paneer Roast
Caramal Custard

THURSDAY

Morning Snack

Bun Butter Jam

Evening Snack

Onion vada
Tea / Coffee

Dinner

Bhatura
Chnna Massala
Salads,Fruits

FRIDAY

Morning Snack

Cookies

Evening Snack

Veg Pakoda
Tea / Coffee

Dinner

Fried Rice/ Egg Fried
Rice
Chilly Chicken
Sause
Mango Mausee/Pudding

SATURDAY

Breakfast

Bread
Butter, Jam
Scrambled egg
Lime Juice

Mid Morning Tea / Juice

Cookies
Juice

Lunch

Boiled rice
Moru Curry, Avial
Pickle, Fish Fry
Payasam

Evening Snack

Mirchi Bhaji
Tea / Coffee

Dinner

Chicken madhi rice,
Veg madhi rice
Mayonnaise
Tomatto sause
Pudding

SUNDAY

Breakfast

Appam
Egg Curry
Lime Juice

Mid Morning Tea / Juice

Biscuits-4
Juice

Lunch

Chicken Biryani
Veg Biryani
Raitha, Pickle
Fruits

Evening Snack

Egg Bhaji
Tea / Coffee

Dinner

Kerala Paratha
Mashrrom massala
Ice Cream

Menu

March 2024

WEEK 3



* Morning Tea / Coffee
& Evening Juice will be
provided every day

MONDAY

Morning Snack

Sandwich

Evening Snack

Veg Cutlet
Tea / Coffee

Dinner

Ghee Rice
Nadan Chicken Curry
Veg Curry
Fruits

TUESDAY

Morning Snack

Bombay Toast

Evening Snack

Egg Bhaji
Tea / Coffee

Dinner

Bhatura
Paneer Butter Masala
Ice Cream

WEDNESDAY

Morning Snack

Biscuits

Evening Snack

Onion Vada
Tea / Coffee

Dinner

Chappathi
Gobi Manchurian Dry
Creamy Coleslaw
Ice Cream

THURSDAY

Morning Snack

Cookies

Evening Snack

Tea Cake
Tea / Coffee

Dinner

Plain Rice
Dal Curry Curry
Chicken 65
Shahi Tukda

FRIDAY

Morning Snack

Cream Bun

Evening Snack

Uzhunnu Vada, Chutney
Tea / Coffee

Dinner

Bhatura
Paneer mutter Massala
Ice Cream

SATURDAY

Breakfast

Oothappam, Sambar,
Chutney
Lime Juice

Mid Morning Tea / Juice

Cookies
Juice

Lunch

Boiled rice
Sambar, Avial
Pickle,
Payasam

Evening Snack

Egg Kathi Roll
Tea / Coffee

Dinner

Kerala Paratha
Chicken Potato Curry
Veg Curry
Cut Fruits

SUNDAY

Breakfast

Massala Dosa
Sambar, Chutney
Lime Juice

Mid Morning Tea / Juice

Biscuits-4
Juice

Lunch

Chicken Biryani
Veg Biryani
Papped, Pickle
Caramel Custard

Evening Snack

Banana Fritters
Tea / Coffee

Dinner

Plain Rice
Bindi Massala, rassam, Omlet
Ice Cream

Menu

March 2024

WEEK 4



* Morning Tea / Coffee
& Evening Juice will be
provided every day

MONDAY

Morning Snack

Tea Cake

Evening Snack

Veg Samosa
Tea / Coffee

Dinner

Plain Rice
Chicken Massala
Aloo Gobi
Ice Cream

TUESDAY

Morning Snack

Muffins

Evening Snack

Veg Cutlet
Tea / Coffee

Dinner

Bhatura
Channa Massala
Salad
Pudding

WEDNESDAY

Morning Snack

Bun Butter Jam

Evening Snack

Onion & Chilli Pakoda
Tea / Coffee

Dinner

Pall Appam
Chicken Curry
Veg Kurma
Pudding

THURSDAY

Morning Snack

Cookies

Evening Snack

Sandwich
Tea / Coffee

Dinner

Chappathi
Paneer Massala
Triffle Pudding

FRIDAY

Morning Snack

Cake

Evening Snack

Veg Kathi Roll
Tea / Coffee

Dinner

Veg Pulao
Paneer Massala
Cut Fruits

SATURDAY

Breakfast

Boamby Toast
Tomato Sauce
Horlics
Cut fruits

Mid Morning Tea / Juice

Biscuits
Juice

Lunch

Veg Pulao, Chicken Curry, Raita
Pickle
Mango mousse

Evening Snack

Elanji
Tea / Coffee

Dinner

Cream of Tomato Soup
Croutons, Bun Garlic
Crumb Fried Chicken/gobi massala
Roasted Potatoes
Mayonnaise | Fruits

SUNDAY

Breakfast

Thattu Dosa
Sambar
Chutney
Milk

Mid Morning Tea / Juice

Biscuits-4
Juice

Lunch

White Plain Rice
Dal Curry
Chicken Massala
Paneer Dry
Gulab Jamun/Jilebi

Evening Snack

Cutlet
Tea / Coffee

Dinner

Kerala Parotta
Egg Roast
Green salad
Ice Cream

Menu

March 2024

WEEK 5



* Morning Tea / Coffee
& Evening Juice will be
provided every day

MONDAY

Morning Snack

Tea Cake

Evening Snack

Chicken Punjabi
Samosa
Tea / Coffee

Dinner

Veg Pulao
Chicken Curry
Paneer Massala
Caramel Banana

TUESDAY

Morning Snack

Sandwich

Evening Snack

Bread Pakoda
Tea / Coffee

Dinner

Appam
Egg Curry
Veg Curry
Pudding

WEDNESDAY

Morning Snack

Muffins

Evening Snack

Mini Burger / Egg Roll
Tea / Coffee

Dinner

Butter Chapathy
Dal Fry
Shahi Tukda

THURSDAY

Morning Snack

Cream Bun

Evening Snack

Mini Burger
Tea / Coffee

Dinner

Kerala Porotta
Chicken Curry
Cut Fruit

FRIDAY

Morning Snack

Biscuit

Evening Snack

Egg Pakkoda
Tea / Coffee

Dinner

Bhatura
Paneer Butter Masala
Ice Cream

SATURDAY

Breakfast

Poori
Potatto Massala
Lime Juice

Mid Morning Tea / Juice

Biscuits
Juice

Lunch

Boiled rice
Sambar
cabbage Thoran
Aviyal
Pickle,
Fruits

Evening Snack

Egg Sandwich
Tea / Coffee

Dinner

Lemon Rice
Pepper Chicken/Veg Curry
Pudding

SUNDAY

Breakfast

Masala Dosa
Sambar, Chutney
Lime Juice

Mid Morning Tea / Juice

Biscuits-4
Juice

Lunch

Ghee rice
Chicken Roast
Veg massala
Pickle, Pappad
Triffle Pudding

Evening Snack

Veg Cutlet
Tea / Coffee

Dinner

Kerala Paratha
Matar Massala
Green salads
Ice Cream